

Cultural Awareness in Youth Sport

Course Overview:

Sport offers many opportunities to meet people and learn about various cultures. This course on Cultural Awareness in Youth Sport examines the basic concept of culture and provides sport leaders with practical ways to model cultural awareness to youth players.

Who Should Take the Course?

Cultural Awareness in Youth Sport is designed specifically for sport leaders that work with youth.

Course Objectives:

Upon completion of the course, participants will be able to:

- Understand the concept of culture and recognize the ways that culture shapes our values, beliefs, and actions
- Understand the role of religion and culture on our beliefs and actions
- Describe strategies that can be used to improve communication with ethno-cultural communities
- Define and understand application of terms: racism, stereotypes, prejudice, discrimination, and systemic racism/discrimination
- Identify various ways of involving youth athletes in developing cultural awareness

Evaluation Process:

At the end of the module, there is a test. Participants that do not achieve 80% can review the module content and try as many times as necessary to complete the course. Test questions are randomly selected from a test bank, making each test unique.

Upon successfully completing all modules, there is a printable certificate for your records.

Course Duration:

This online course is self-paced. Participants may leave the course at anytime and can resume where they left off. On average, the timeline for completion will be approximately one hour.